

B WALK**Approx 9 miles CIRCULAR WALK****Walk Leaders: Judith Marsh / Lin Thompson**

The circular route chosen is fairly easy. Only the path to the Nick of Pendle requires some uphill work.

Starting at The Calf's Head it mainly follows footpaths through fields, though there are some sections on country lanes and a hard surfaced bridle way. There are stiles, kissing gates and streams to cross. Be prepared to deal with muddy, waterlogged fields after the recent wet weather.

Stout boots are required and walking poles may be useful.

The Calfs Head pub has very kindly allowed us to use their toilets prior to and after our walk. They have politely requested that we are back in the pub for refreshments by approximately 3.45pm to prevent congestion with their evening diners.

C WALK**Distance 6.5 miles -****Leader: Hildah McAllen Assisted by Ewa**

From the Calf's Head Pub we pick up a path following the Worston Brook, crossing fields, skirting the base of Worston Hill up to the pretty village of Downham. From here we go onto the Ribble Valley Jubilee Trail until Hey House Farm.

Leaving this trail we cross Twiston Lane and pass New Close to once again pick up a national trail in the direction of Downham. Before reaching the village we turn South east to Clay House, cross Pendle Road, and on to Hook Cliff, following the base of Pendle Hill as far as Little Mearley Hall. Then on back to Worston.

The walk is a mix of paths across fields and tracks with 5 styles and gates of various styles and condition.

They had heavy rains during the week so it was rather muddy and boggy. Hopefully this will have improved by the time of our walk. It is a winter walk so be sure to have warm clothing and good boots.