

A WALK

LEADER JODY ROBERTS

RED SCREES CIRCULAR- 11.24 MILES- 2891 FT

From the carpark in Waterhead we head down the road to Ambleside. Once we hit the village we turn off by the post office, passing the Unicorn pub and onto Kirkstone Road to begin our route.

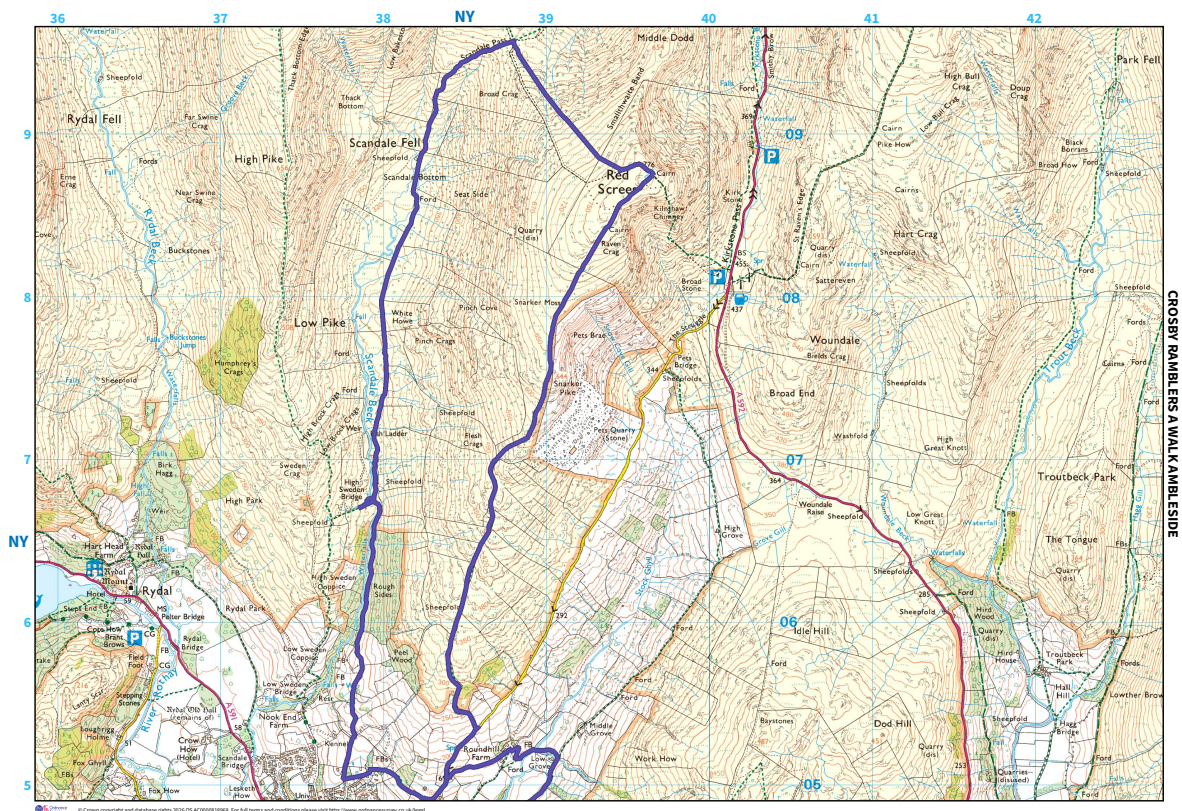
Please keep to the correct side of the road and be mindful of oncoming traffic. The first few miles of this walk is uphill with some steep sections so you may want to de-layer before we set off! After a while we come to a turn off passing through a wooden gate where we begin our climb.

Its all up hill from here until we reach the summit. (we will stop for a breather) The views looking back into Ambleside are stunning. There are 2 ladder styles and a few gates to pass. Highland cows are loose on the fell.

Some muddy/boggy sections on the way up and some rocky sections. Please watch your footing. We pass Snarker Pike and Raven Crag before hitting the summit which boasts breath-taking views, the trig point and a tarn. We will have lunch on the summit at the shelter if the weather allows!

From here we make our way down to Scandale Pass- The descent from Red Screes is steep, with some muddy, slippery and stoney sections. Poles recommended. Please take your time coming down and concentrate on your footing.

Once we hit Scandale pass, we turn left- the first ¼ mile of this path is very rocky underfoot, it then gets much better! Again, we have stunning views either side. Eventually we hit High Sweeden Bridge where will stop for a rest before taking the path to the left, at the end of the path we turn left again passing some houses before going through some fields/woods walking a loop back to Ambleside passing Wansfell pike and the waterfalls. We can stop here for some photos before heading back into the village.



CROSBY RAMBLERS A WALK AMBLESIDE

B Walk

Leader: Tony Mitchell

Distance: 9 miles

Ascent: 1,088ft

Max height: 635ft

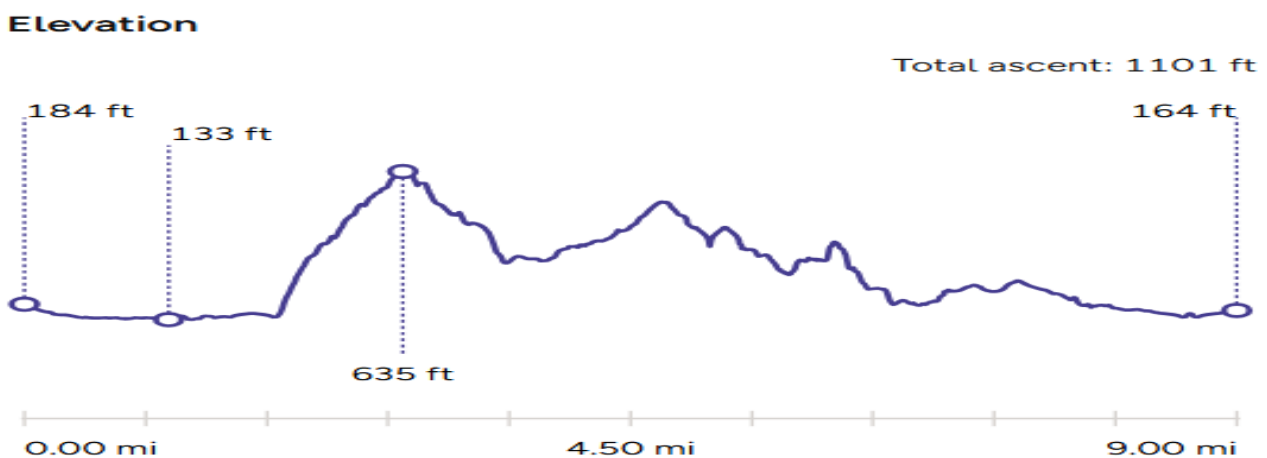
We make our way from Waterhead, for a mile until we start a steady climb of Loughrigg Fell, on road and good tracks. We're not heading for the summit of Loughrigg; just levelling off on its shoulder, in effect, looping around it at mid-level.

We pass by Loughrigg Tarn to reach Loughrigg Terrace, with more stunning views over Grasmere and Rydal Water. We can take a good look at the impressive Rydal Caves; then down a stony track and over a footbridge at Steps End.

Crossing over, we pass Rydal Mount, best known as the home of the poet William Wordsworth from 1813 to his death in 1850, and his sister, the author and poet Dorothy Wordsworth, until her death in 1855. It is currently operated as a writer's home museum. Time allowing, we'll take a fifteen-minute break here, to explore; maybe even grab an ice cream.

From here, we follow a flat track towards Ambleside (is this part of the Coffin route???), joining the main road at Scandale Bridge.

This is a moderate walk which, like most walks, will be stoney and muddy in some places. There are some ascents but it is not a steep walk. All the effort is in the first section (see below). There are lovely, nay spectacular views of Windermere, Rydal, Grasmere, the Langdales etc all along the route.



C Walk

Leaders: Tony Stopforth and Lynn Clinton

Distance; 6.93 Miles

Mostly along paths but use of sticks and good walking boots are advisable due to some muddy paths and navigating across rocky terrain along the "Coffin Route".

We will arrive in the beautiful town of Ambleside at the Waterhead Car Park, overlooking Lake Windermere. Toilet facilities are available here; however, payment is by contactless card only, with a charge of 60p.

From the car park, we will walk towards Ambleside alongside the busy A591 (Lake Road), passing a large garden centre on our left. Please always remain on the pavement, as this is a very busy road leading into the town centre. The walk into the town centre will take approximately 10–15 minutes.

