

**‘B’ Walk****Distance 8.2 miles****Height Gained 1346ft****Leader: Ken Morley**

From the coach park we walk through the town and then take a path off to the left known as the Jubilee Path. Firstly, we climb steps and then carry on a long, steep and rocky path climbing all the way through the woods. There are some good views particularly as we near Lynn Elsi. Great care must be taken as the rocks may be slippery.

At the end of the lake we leave the forest road and take a path through the woods. We will then continue on wide forest roads until we reach a cottage at Cwmcelyn. From here we walk through more open country until we turn right onto a lane.

This lane is known as Sarn Helen, and is a section of a Roman road that ran the length of central Wales. It offers some splendid views, although it is rocky and could be wet in places. One section descends steeply over loose stones and rocks so great care must be taken.

After crossing the main road we take a path and cross the river at the Miners Bridge, we then follow the river-bank path back to Betws-y-Coed, where you may explore the cafes, pubs and shops.

Some of the paths were rocky and slippery when wet also care will have to be taken as some sections of the riverside path were quite rough with tree-roots and stones.

The main toilets on the car park are being refurbished at the moment; there is a smaller toilet a little further up the road.

**C WALK****6.5 miles -****Leader: Hildah McAllen   Asssted by: Tony Stopforth**

We will be visting the mountain lake Llyn Elsi, hidden amidst the mixed fir and broadleaf woodlands of the Gwydyr Forest above Betws-y-Coed.

From the car park we walk around St Mary's Church and pick up the path with a steady, steepish climb, with as many 'catch-your-breath' stop as you wish, up to the lake on paths and tracks to the shores of the lake. Walking past the Ancaster Memorial we will be rewarded with, weather permitting, wide ranging mountain views of Snowdonia.

We will be walking around the reservoir (lake) and then gradually descend, work our way around Clogwyn-brith through the woods, then back to the town.

In this warm weather we hope the shade will be a welcome relief.

Make sure you have plenty of fluids

