

C Walk

Leaders: Tony Stopforth and Lynn Clinton

Distance: 7.1 miles

Toilets are available in the car park. Please note that the toilets have a barrier system and a fee is payable.

This is a lovely, mostly flat walk with some outstanding views.

During the walk, we will cross and walk alongside several busy roads. Please take extra care and follow the walk leaders' instructions at all times.

From the coach and car park, we will walk through a pleasant park towards Booths car park and Keswick town centre.

We will join the Cumbria Way and continue towards Stornwater Bridge. The route follows an anticlockwise loop before rejoining the Cumbria Way for our return.

We will cross the B5289, where extra care will be required, before passing a church and Keswick School. We will then cross the A66 and continue towards Thrushwood, enjoying outstanding scenery along this section of the route.

We will head towards Ormathwaite, then continue through Millbeck and past Lyzzick Hall Hotel. From there, we will begin our return to Keswick, taking particular care while navigating a busy road, as noted above.

We will then walk through fields beside the River Derwent towards How Farm, before returning to Keswick via the Cumbria Way.

Keswick is a lively town, with plenty of opportunities to enjoy an ice cream or a well-earned drink afterwards — not necessarily in that order!

B Walk

Leader: Tony Mitchell

Distance: 9.5 miles Total Ascent: 342 feet

An '**easy**' 9.5 miles around the entire circumference of Derwentwater, hugging the lake for much of the time.

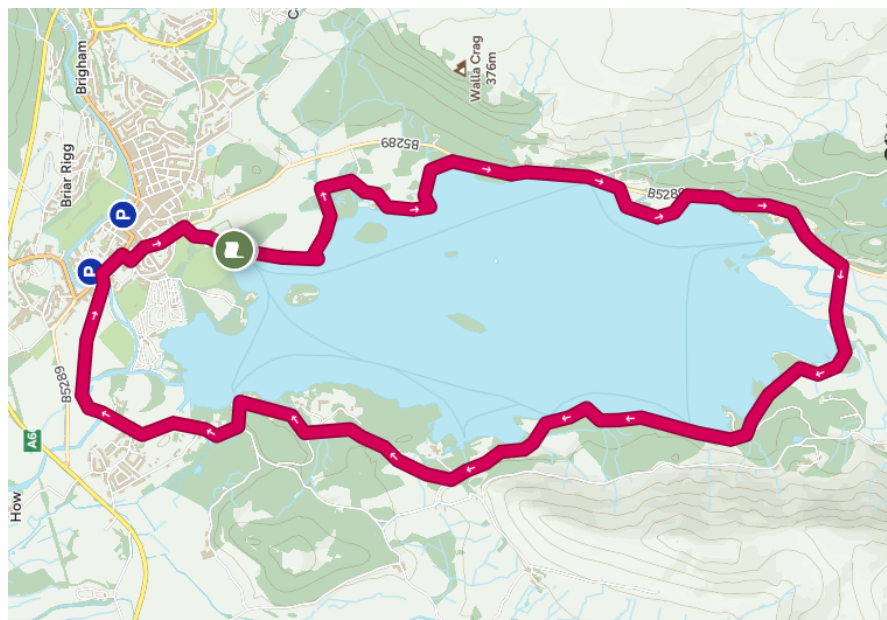
There's lots a very good tracks, where we can gain miles. There are also (as you would expect) plenty of rocks and tree roots (tricky when wet), particularly at the water's edge.

Kicking off across Hope Park and down to the lake, we'll pass Friars Crag, various outdoor leisure centres, the HF hotel where we have stayed many times over the years; and we'll get up close with the alpacas.

We'll take a short detour before lunch to the gorgeous Lodore Falls. We can rest for a coffee and a biscuit here, as **lunch will be later than usual**.

Of course, there's numerous pubs and cafes (and outdoor shops) to choose from back in Keswick.

Toilets in Booth's at the start



A WALK. CATBELLS CIRCULAR

LEADER; JODY ROBERTS

2 POSSIBLE ROUTES- TIME AND WEATHER PENDING.

ROUTE 1- 9.8 MILES 1850FT

ROUTE 2- 12.8 MILES 2580FT

Depending on what time we arrive at Keswick, the weather and the pace of the group will determine what route the A party proceed with.

The walks both start by Booth's supermarket, turning left here and following the road until we turn off down a footpath and join the : way. (we have a short road walk before we get to the woods)The first few miles are all flat and on good paths, we cross a suspension bridge and pass through the woods and the Alpaca farm, taking us through pleasant woods again until we cross a small road and begin our climb up to Catbells

Catbells is a family friendly mountain but please be aware it is rocky in places and does require 2 easy scrambles on route to the summit. Theses rocks can be slippery in wet weather so please ensure you have sturdy boots with good soles. The views on the way up are fantastic, we take in Derwent water, Causey Pike, scar crags and can see over to Dale head.

The paths are well trodden zig zags before a scramble to the trig point. We can stop for lunch not far from the trig (weather pending) and take in the views before deciding if we have time to continue with the longer walk. If not, not far after the summit we take a path to the left and begin our descent down- the path down is well paved with steps but these become sparse part way down, please watch your footing (poles recommended) after the descent we track left into the woods until we reach Derwent water and the jetties, before turning left towards the activity centre and joining back up to the Cumbria way again and back into Keswick.

If we have time and kind weather, we have the option to continue after Catbells over to Maiden moor and descend from here down to Derwent water via Nitting Haws and Cockley How, joining back upto the Cumbria way into Keswick for a well-earned drink!

Please ensure you have suitable clothing for this walk- the weather can change very quickly in the mountains.

