ULVERSTON. Sunday, 1st November, 2026

A Walk

DISTANCE: approx 12 miles

LEADER: Bob McConnell

We commence at the triangular open space called The Gill where a sign announces the start of the Cumbria Way, a short part of which we will be walking. Having made our way along paths, tracks and road past a farm and the little Knottallow Tarn we follow a track across a moorland slope dotted with wind turbines. We make our way up to the summit cairn on Kirkby Moor (1,092ft). Weather permitting, there are good views of Morecambe Bay, Coniston Fells and other Lakeland Fells.

We then descend along a path which becomes overgrown with ferns but is passable until we reach a road taking us into the little village of Gawthwaite. We then follow a track away from the main road. The track continues as a path, some of which is very muddy, across a number of fields passing close to a couple of farmsteads taking us to the little village of Broughton Beck. We then follow another muddy field path past another farm eventually reaching a minor road along which we continue until we reach Newland Bottom.

At Newland Bottom we cross a bridge over the river, then follow a path up a wooded slope and into the higher fields. After crossing over the hill we make our way along a clear path to the lighthouse shaped monument which is in memory of Sir John Barrow. We then make our way down a path on the side of the hill and back into Ulverston hopefully in time for a well deserved drink.

Note there are toilets at the Gill which cost 40p and require a bank card.

B Walk

Length of Walk - 8.5 miles
Height - 436 feet
Leader - Val Shayler

We start by walking through part of Ulverston to Ford Park which leads us up to the Hoad, a hill with a monument to John Barrow* on top. This is the steepest part of the walk but it is not a long climb and the views over the countryside and coast are worth the effort. From here you can see all the big peaks of the Lake District and also on a clear day, Blackpool Tower.

We then follow the Cumbrian Way on largely good paths, through fields, woods and farms until we reach the small hamlet of Broughton Beck.
After that it is fairly downhill with more fields and farms, to Mansrigg and the Fall where we walk alongside a small stream.

We eventually reach the lower slopes of the Hoad again, which has been in our sights throughout the walk, and back into Ulverston for some well earned refreshment. After the wet weather there might be quite some mud around, gaiters and poles might be welcome.

*Sir John Barrow was an explorer and naval officer who had links to Napoleon and the Geographical Society. He was born in Ulverston and the monument was erected by public subscription after his death.



C Walk

Distance: 7 miles.

Leaders: Steve and Mark

A short climb to the top of Hoad hill starts the walk , and then its across open country side and farmers fields to Mansriggs and Broughton Beck.

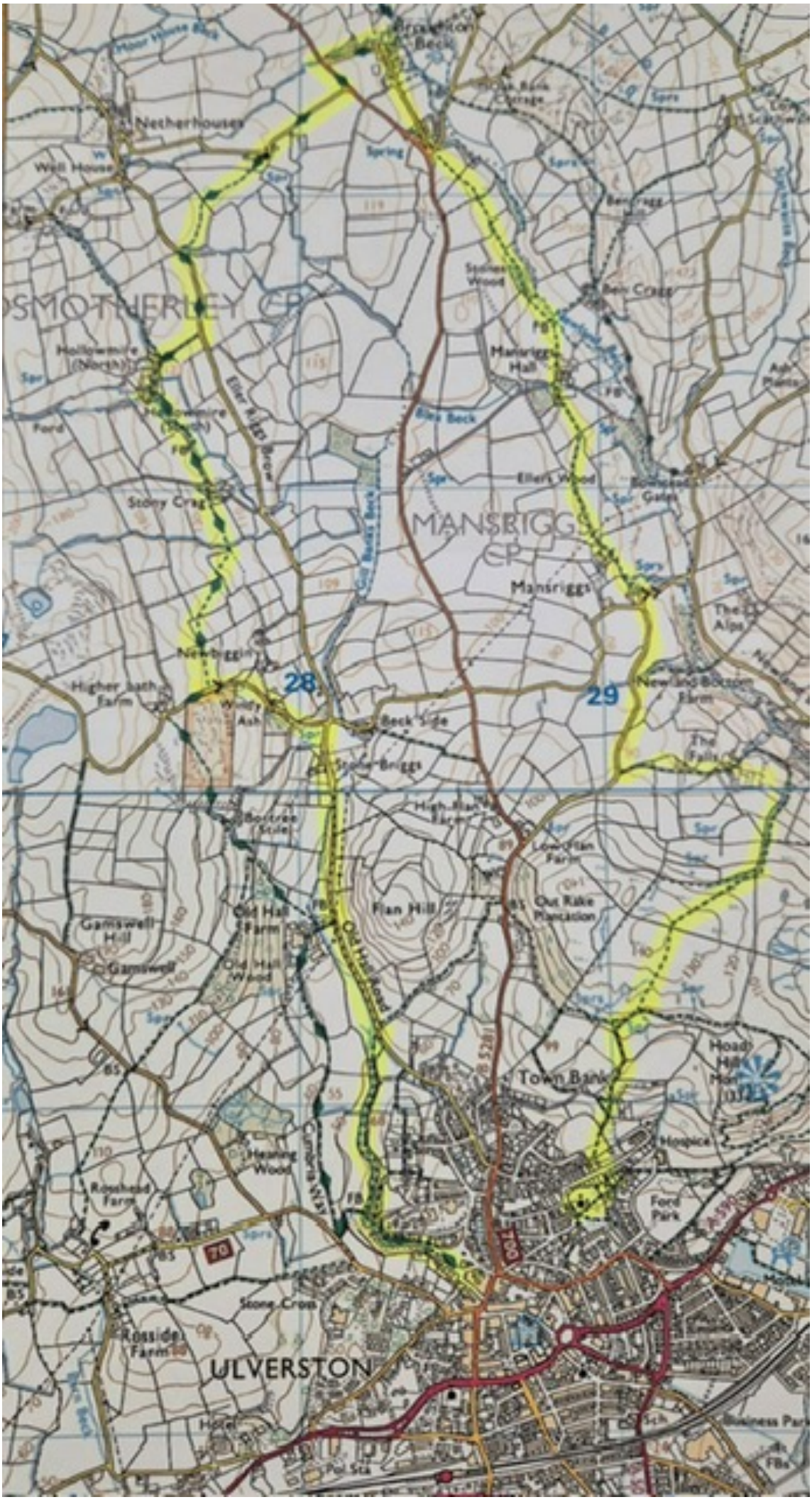
The fields were muddy underfoot so boots and sticks are advised. There will be a couple of stiles to get over but Mark and I will help if required.

At Broughton Beck there is a short 100m stretch of road to navigate before we pick up the Cumbrian Way back to Ulverston.

On the reccie we found that a stretch of the Cumbrian Way path was very step and had become eroded, and it just wasn't safe to take the C walk down. We have had to adjust this part of the walk and im afraid this means another bit of road walking. It isn't a very busy road but I will be asking for everyone to please be careful whilst we are on this stretch of the walk.

We finish with a short path following the river into Ulverston.

It's a lovely walk , but may be muddy given the recent storm. There will be 3 climbs that will get you a bit out of breath but nothing you haven't done before, and the ground will be muddy so i'm going to say this is a C+ walk.



Netherhouses
Well House
Spring
Ben Cragg
Stones Wood
Mansriggs Hall
Hollowmire (North)
Ellers Wood
Stony Crag
MANSRIGGS CP
Mansriggs
The Alps
Newbiggin
28
29
Higher Bath Farm
Beck Side
Stone Briggs
Newland Bottom Farm
The Falls
Bottree Stile
High Flan Farm
Low Flan Farm
Flan Hill
Out Rake Plantation
Gamswell Hill
Gamswell
Old Hall Farm
Old Hall Wood
Old Hall Road
Town Bank
Hoad Hill Mon
Hospice
Heaning Wood
Rosshead Farm
Ford Park
Stone Cross
Rosside Farm
ULVERSTON
Business Park